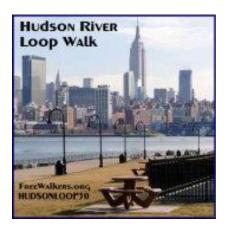
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JOIN THE FOOT TRAFFIC ACROSS THE BRIDGE: WALK BOTH SIDES OF THE HUDSON RIVER ON JUNE 10TH

Public Invited to Join the 5th Annual "Hudson River Loop Walk" And be Part of a 30-mile Walk Along Public Trails

The Hudson River Loop Walk will be held on Saturday, June 10th to experience the beauty of the walkways along the Hudson, including a walk over the George Washington Bridge. Nancy Jonap, a resident of Jersey City is the Project Leader for the FreeWalkers, a social



network of long distance walkers. A large group of over 100 walkers are expected to experience and celebrate the many views of the Hudson River on both the New Jersey and New York side.

Partnering with the **East Coast Greenway Alliance** (ECGA), and the **Hudson River Walkway Conservancy**, the FreeWalkers and guests will be participating in a unique long-distance walking event called "**Hudson River Loop Walk – HUDSONLOOP30**" (http://hudsonloop30.org) for the benefit of the associated trail organizations and for personal fitness and pro-pedestrian issues.

The **ECG** (http://greenway.org) is a non-profit organization that is mapping out a continuous 3,000 mile trail from Maine to Key West, through populated areas along the U.S. East Coast, such as New Jersey and New York. The organization promotes a multi-use marked trail for walking, running, and biking and is open to the public. The ECG trail follows the best existing trails where possible. Their "shared-resources" approach promotes the use of trails, such as the Hudson River Waterfront Walkway, while it helps advocate and advise pedestrian projects that benefit communities along the way.



The **Hudson River Waterfront Conservancy** promotes the development of the Waterfront Walkway, which is a spectacular 30 foot wide pathway on the western shore of the Hudson River in New Jersey. The objective of the walkway, which is nearly complete, is to provide a continuous and free 24/7 walking path at the water's edge from Bayonne to the George Washington Bridge.

According to Jonap of the FreeWalkers, "We're inviting the public to walk the Hudson River to take advantage of the grand views, while promoting fitness and personal challenge." With convenient access to trains and ferries

there are many options to join in or drop off the walk if you prefer. Other area walking groups invited to join us in promoting walking at this "UnitedWalking" event.

The event is FREE and participants are encouraged to sign up for the event online at <u>FreeWalkers.org</u>. For more details go to the event's website http://hudsonloop30.org.

The Hudson River Loop Walk – HUDSONLOOP30 is organized by the FreeWalkers (http://freewalkers.org) and supported by the East Coast Greenway Alliance and Hudson River Waterfront Conservancy.



For more info on ECGA, contact Andy Hamilton, Mid Atlantic Trail Coordinator, 267-236-3407, mailto:andy@greenway.org. Or visit http://greenway.org



For more information on the Hudson River Waterfront Conservancy, contact Helen Manogue at 201-963-3511 or visit http://www.hudsonriverwaterfront.org.









